



Achieve with NERAF Peer Mentoring Scheme  
Information and Application Form

Mentoring and supporting others can result in a great deal of personal enjoyment and satisfaction. Mentors will learn skills that can be used not only in the mentoring relationship but in all areas of their life and will support them in further development and future employment.

**Criteria**

- A peer mentor can be someone who has completed or is currently in substance misuse treatment. A level of stability will have needed to be reached in their personal life and regarding substance use.
- It is acceptable for a peer mentor to be on a methadone (or equivalent) maintenance program. This is considered on a case by case basis.
- A peer mentor will need to be motivated and committed to give a certain amount of their personal time (see below).

**Responsibilities**

Mentoring and support

- To support service users in groups and on a one to one basis.
- To maintain appropriate boundaries with service users to promote trust in the mentoring relationship.
- To be aware and alert to all safeguarding risks (children or adults) and report them appropriately using NERAF policy and procedures.

To develop own skills and practice

- To attend regular peer mentor supervision sessions and undertake training and development as relevant to the role. To attend catch-up sessions as required.

**EXPENSES**

The role of a peer mentor is a voluntary role. Travel expenses will be provided to attend any developmental sessions, individual supervision, meetings or groups associated with peer

mentoring. A valid travel ticket will be required to claim expenses

### **PERSON SPECIFICATION**

Peer mentors need to be reliable, committed, flexible, honest, trustworthy, a good motivator and have good communication skills and a willingness to develop their own skills and confidence to be a peer mentor. The nature of the role means that those undertaking peer mentoring will have a history of substance use. To be a peer mentor previous substance misuse must be stabilised. A Criminal Record will not stop a peer mentor from undertaking the role. This must be disclosed on application. Suitability will be decided by the Project Manager.



This Application form should be completed by anyone wishing to be considered to become a Peer Mentor.

**1. Personal Details**

**NAME:**

**ADDRESS:**

**CONTACT TELEPHONE NUMBER:**

**EMERGENCY CONTACT NUMBER AND NAME:**

**2. Why are you interested?**

Why would you like to be a Peer Mentor? (please focus on what you want to get out of Peer Mentoring and what you want to give to others).

**3. What will make you a good Peer Mentor?**

What **strengths, skills** and **interests** do you have that will make you a good Peer Mentor?

Describe fully how will this benefit us as an organisation?

Please briefly describe your substance misuse history, including your substance of choice and current use including all prescribed medication.

**4. What areas will you need to develop**

What areas do you think you will need to develop in order to make you a good Peer Mentor?

Signed:

Date:

Please return completed form to: